



The Concordian

A Newsletter of Concordia Lutheran Church – ELCA
Superior, WI March 2018 Vol 37 No. 3

“Called to Nurture and Live our Faith, Encourage our Service, and Actively Share the Gospel”

From the Pastor:

In a recent sermon, I mentioned the AR15 (which has been used in 7 out of 10 of the most recent mass shootings in the United States of America) as opposed to the kinds of rifles that use a .30-06 (thirty-ought six) cartridge. Primarily, I meant to refer to the difference between a semi-automatic gun that shoots hollow-point cartridges from a large magazine and one that shoots maybe six solid cartridges before needing to be reloaded. I should have said it that way, because afterwards I learned that most ammunition for the AR15 is actually the solid type, and the exploding hollow-points are also available in the .30-06 size, and (since they are larger) actually cause more damage than the same type of bullet from the AR15—and such ammunition can also be loaded into large magazines. My point had to do with our tendency (as people) to try to do things the easier way. Of course, I included additional examples of this tendency, ranging from theft, betrayal, fraud, and drug abuse to avoidance of tasks altogether.

It is not my intention to use this space as a forum for arguing issues that tend to raise partisan hackles. I get enough of that from the many emails that come from the various political parties demanding my response to their surveys and support for their candidates. Instead, I'd like to raise a larger issue that we might believe should

be easy, but people find to be much harder than anticipated.

When Jesus was asked to give his teaching on which commandment should be considered most important of all, he referred not to one of the famous ten, but to that which prescribes complete love for God: Love the Lord your God with all your heart, soul, strength, and mind. Then he references another which he claims to be like the first: Love your neighbor as yourself.

These might actually be two sides of the same thing, because we cannot satisfy one without doing the other. We cannot fully love God while not loving those whom God has created. Conversely, one's expression of love for the neighbor is how one shows love for God.

Sometimes, it might be easy to love another person, and sometimes it is not easy at all. We might find it easier to love people who are more like ourselves than to love people whom we see as different. People can find all kinds of ways to make those distinctions. Some distinguish using the color of a person's skin, or something as simple as the way a person's hair is styled (or seems not to be!). Some place high importance on a person's perceived socio-economic class, refusing to associate with those seen either as too low or too high in comparison. Many can remember people being shunned because their parents were of the “wrong”



ethnicity or religion. Some will even find it difficult to love people of a preceding or following generation.

These distinctions may seem silly to many, but I have known them to be real excuses people cite for withholding love. Underneath all these excuses is fear.

We fear that when we try to love people by providing for their needs, those people will try to take advantage of us and cease (or never learn how) to be productive members of society.

I believe our primary difficulty is that we hear God's command to love and we try to comply without investing our selves in the process. We try to express love for other people without ever really knowing them. We try to do it the easy way, and it doesn't quite work.

We need to find ways to blend the easy and the difficult, so God's love will shine brightly through us in this world. (To be expounded next month.)

Pastor Michelle



PARISH NURSING NOTES...

We're now heading into the second half of this Lenten season. And also moving into March, which happens to be National Nutrition Month. So I am going to try to combine both into this article for our newsletter.

Rather than "giving up" a food you enjoy for Lent, this year "take up" the practice of preparing and enjoying healthy, delicious food. That is the focus of one of my favorite Lenten resources, Seasoning Lent. So often it seems easier to go out to eat, or pick up some take-out, or pop a frozen meal into the microwave than it is to start from scratch, and prepare a tasty, healthy meal yourself. But very often, those other options have additives or ingredients that are not particularly good for you. And after making those other options a habit, you tend to develop a little (or a lot!) of extra weight, and the likelihood of

developing health problems as well.

In the book of Genesis, God gave man "every seed-bearing plant...every tree that has fruit...everything that moves" as food for us. But He didn't say He would pick them out, and prepare them for us on a daily basis. That chore is up to us! And it can feel very satisfying to do just that—to pick out some fresh veggies, some meat, a few herbs, and turn them into a tasty and fresh meal for yourself or your family.

Oftentimes we turn to foods to satisfy not our physical hunger needs, but to attempt to ease our mental and social problems as well. And they might help take your mind off them a little on a temporary basis, but they won't solve the problems. And doing that too often can lead to physical health problems as well. Childhood obesity is a rising trend, and leads to heart problems in adulthood. "Why spend money on what is not bread, and your labor on that which does not satisfy? Listen to me, and eat what is good, and your soul will delight in the richest of fare." (Isaiah 55:2).

We have all heard the advice of how to eat a healthy diet. Make half your plate fruits and vegetables. Make at least half your grains whole grains. Switch to low fat milk, yogurt and

cheese. Cut back on sodium and empty calories from solid fats and sugars. Enjoy your food, but cut back on portion sizes. And be physically active! That portion size one is really important! They have been increasing greatly over the years! 1 Corinthians 6:12 says, "All things are lawful for me, but not all things are beneficial. All things are lawful for me, but I will not be dominated by anything." We have to keep that in mind.

Following up on last month's theme of exercising by helping others, we can also help ourselves to eat healthier by helping to feed others. Prepare a large recipe of something tasty. Then instead of sitting down and finishing it all yourself, share it with someone else. Invite someone unable to prepare food for themselves over to share. Or package it up and take it to a homebound, or disabled, or elderly neighbor. Everything tastes better when it is shared in love with others. "You shall eat the fruit of the labor of your hands; you shall be happy and it shall go well with you." (Psalm 128:2).

"So whether you eat or drink, or whatever you do, do all to the glory of God." (1 Corinthians 10:31)

Stay happy, healthy and serving others.....Jean

NORTHERN WATERS PARISH NURSE MINISTRY BAKE SALE

Our annual bake sale is taking place at the **Douglas County Fish & Game League Sport Show** at Westman Arena the weekend of March 23-25. It is one of our major fund-raising events, and we rely on donations of baked goods from our parishioners. We ask that everyone who can, please help us out by baking something for us. Our sale will take place Friday evening, and all day Saturday. You can drop off donations in the entrance to Westman Arena any time after 3 PM on Friday, or on Saturday morning. Or if it is easier for you, drop them off at church on Wednesday, March 21st, or by noon on Thursday, March 22nd. Thank you very much!

Altar Flowers for March

February 25 Correction

In memory of John Anunti
given by Frances Anunti,
Debra Anunti, and John Anunti

March 4 (open)

March 11

In memory of Gene Kelleher and Loved
Ones by Doris Kelleher

March 18

In memory of Roy and Jeane Grimstad
by the Grimstad family

March 25

In memory of Louis and Harriet Hanson
and Richard Jacobson
given by Linda and Dennis Aho
and Arlene Jacobson

Upcoming open dates are:

August 12

September 2

November 18

Please contact the office if you would like one of
these dates.

Please note: Individuals applying for the Boe
Engbretson Student Award this spring, 2018,
will be required to show at least 5 hours of
service to Concordia, or a church near them if
they are away at school. More details are
available in the office.

P.S. Teaching Sunday School would be a great
way to do this!

**The DEADLINE for articles in the next issue
of "The Concordian" is March 15.**

Announcements are due by 9:00 am
March 26.

Thanks for marking this on your calendar!

Your Church Council members, working together with you in ministry:

President, John Gronski	218.340.1813
Vice President, Gary Banker	715.392.2149
Secretary, Carol Lindegren	218.590.8238

Nancy Burley	218.464.7086
Matthew Eastman	218.409.9174
Jan Lippitt	715.394.9158
Nick Pristash	715.398.0488
Shawn Quist	218.343.6795
Eric Sewall	715.392.1559

Community Benevolence

John Gronski
Gary Banker
Jan Lippitt

Investment Committee

Gary Banker

Finance

Carol Lindegren

Personnell

Shawn Quist
Nancy Burley
John Gronski

Evangelism

Gary Banker

Youth and Family

Nick Pristash
Carol Lindegren

Worship and Music

Nancy Burley
Matthew Eastman
Eric Sewall
Gary Banker

Property Management

Matthew Eastman
Shawn Quist

Stewardship

(inactive, full council)



We love to add voices to the choir! Practice is at 9:00 am Sunday mornings next to the piano in the Sanctuary. Please come join us when you can!

Organ Fund

Donations toward needed repairs for our organ are now being accepted.

Locks and Keys



After many years of use, our locks and keys have become worn. We have been refurbishing the locks in the building as needed, so if you have a key for interior doors and you find it no longer works well, you may wish to have it replaced with a newly-cut key. Please contact the office if this applies to you.



Learn to make a quilt!

Saturday, March 10, from 9:00 to 2:00 (Lunch provided), all ages (male and female) are invited to learn to make quilts. No experience necessary. Come. It's fun!



Serving in March

Ushers

March 4	Team II
March 11	Team III
March 18	Team IV
March 25	Team I

Bus Driver

March 4	Brett Quist
March 11	John Gronski
March 18	Ken Harmer
March 25	Kris Hanson

Scripture Readers

March 4	Ann Marie Novack
March 11	Nancy O'Neill
March 18	Gloria Sloan
March 25	Chayce Strauch

(Readings may be picked up in the office the prior week. If they are not picked up, we will mail them to the reader.)

Altar Servers

March 4	Ann Novack & Carol Banker
March 11	Ann Novack & Carol Banker
March 18	Ann Novack & Carol Banker
March 25	Ann Novack & Carol Banker
March 29	Ann Novack & Carol Banker
March 30	Ann Novack & Carol Banker

Coffee Kiosk Servers

March 4	Shawn Quist
March 11	Matthew Eastman
March 18	John Gronski
March 25	Carol Lindegren

Financial Assistants

Marie Strom & Jean Stensland

Communion Assistants

March 4	Mike Olson and Joyce Olson
March 11	Dick Wnek and Linda Aho

March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 2:00 Worship at Superior Rehab	2 (Boy Scouts gather to leave for camping trip)	3
4 9:00 Blood Pressure 9:00 Sunday School 9:00 Choir 9:30 Benevolence 10:00 Worship w/ Communion 1:00 (Boy Scouts return from camping trip)	5 6:00 BS Troop Committee 7:00 Boy Scouts	6 9:00 Staff Mtg. 10:00 Lydia Circle 4:00 Just for Kix	7 10:00 Altar Guild 5:00 Conf. Class 5:30 Worship 6:00 Lunch 6:30 Girl Scouts	8 2:00 Worship at Superior Rehab 4:00 Just for Kix	9	10 Learn to make a quilt! 9:00-2:00 (Lunch Provided) Learn to sew a quilt. All Ages. No experience necessary! Christ Jam!
11 9:00 Sunday School 9:00 Choir 10:00 Worship w/ Communion	12 6:00 Property Management	13 9:00 Staff Mtg. (No Just for Kix) 6:00 Prayer Shawl	14 Ash Wednesday 12:00 Worship 12:30 Lunch 5:00 Conf. Class 5:30 Worship 6:00 Lunch 6:30 Girl Scouts	15 9:00 Pastor's Conference Meeting at Solon Springs March Newsletter Articles due	16	17
18 9:00 Sunday School 9:00 Choir 10:00 Worship	19 6:00 Worship and Music 7:00 Boy Scouts (Dinner prep) 8:00 Senior Scouts	20 9:00 Staff Mtg. 11:30 Ministerium at St. Mary's 4:00 Just for Kix	21 9:30 Mary Circle 12:00 Worship 12:30 Lunch 5:00 Conf. Class 5:30 Worship 6:00 Lunch 6:30 Girl Scouts	22 6:00 Council	23 6:00 Possible Movie night with Pizza and Popcorn	24 10:00 Prayer Shawl 2:00 Boy Scouts' Spaghetti Dinner
25 9:00 Sunday School 9:00 Choir 10:00 Worship	26 9:00 March Newsletter Announcements due 7:00 Boy Scouts	27 9:00 Staff Mtg. 4:00 Just for Kix	28 9:00 Concordian Helpers 3:45 Conf. Class 6:30 Girl Scouts	29 12:00 Maundy Thursday Worship with lunch included 6:00 Maundy Thursday Worship with supper included	30 9-12 noon Good Friday Meditation Walk 6:30 p.m. Community Good Friday Worship at Our Saviors	31



LIBRARY

Greetings from the Library Team! As we continue on our “Lenten Journey”. Please look over the books the library has on display pertaining to Lent and Easter. Let these books be a guide or support in nurturing and strengthening your FAITH and what the true meaning of Easter is!

Many of you may have noticed the recent Library bulletin board “Go For the Gold!” and

the book display on the small table in the library with the same theme. Both of these “displays” are in recognition of some “Medal-Winning” works of literature the library has in its collection – the Caldecott Medal and the Newberry Medal.. The Randolph Caldecott Medal annually recognizes the preceding year’s “Most Distinguished American Picture Book for Children,” beginning with 1937 publications. The John Newbery Medal is a literary award given to the author of “The Most Distinguished Contribution to American Literature for Children.” The Library Team considers these

some of our “Gold Medal Winners” in the Olympics of literature.

Something to consider – When giving a donation in memory of, honor of or in appreciation of someone special, please consider the Concordia Library. Our budget is limited, but with these donations the Library Team will be able to purchase new books, DVDs and other materials needed to keep the library current. Thank-you for your support.

May your Lenten journey be a MEANINGFUL one!

See YOU in the library!
KEEP ON READING!

Happenings and Announcements

Serving Groups for Lenten Meals (corrected)

February 14, Staff
February 21, Library Board
February 28, Worship and Music
March 7, Property and Management
March 14, Council
March 21, Youth & Family
March 29, (Maundy Thursday)
Noon, Altar Guild
Evening, CLCW

Rummage Sale! We are now accepting donations for the Annual CLCW Rummage Sale year round! Please limit to items that fit on a shelf or countertop. We have already received a few items and we have plenty of room for more!

Movie Night!

Friday, 6:00 p.m.
Maybe March 23. Watch the bulletins and the Connections email for Movie(s) and date.



The following memorials are acknowledged by the church office:

In Memory of Rod Campbell
Bus Fund by Bill and Lois O'Neill

In Memory of Rod Campbell
Organ Repair by Ken and Debbie Harmer



Personnel Committee

We are looking for volunteers to help with some office tasks. Please let us know what type of tasks interest you.



Lilies will be purchased by the Altar Guild to decorate the chancel for Easter. If you wish to memorialize or honor a loved one, you may make a donation in any amount to the Altar Guild Easter Lily Fund.

A list of those memorialized or honored will be in the Easter bulletin.

Donor: _____

In memory of: _____

In honor of: _____

(Checks payable to Altar Guild Flower Fund)

Lily Memorials will be accepted through Palm Sunday.

If you would like, you can mail donations to the church office. Please make sure they are mailed early enough to arrive by March 26, 2018.

Concordia Lutheran Church
1708 JOHN AVE
SUPERIOR, WI 54880

Maundy Thursday

We will again be offering a Maundy Thursday Presentation based on Leonardo da Vinci's portrayal of The Last Supper. We need volunteers for each of the twelve disciples as well as for Jesus. No experience necessary. There will be one rehearsal either on Palm Sunday after worship (March 25) or Wednesday evening (March 28). The supper and performance is on March 29 with supper beginning at 6:00.

Please sign up (or call the church office to have your name added to the list) as soon as possible so that we can be sure to have enough costumes of the correct sizes.



Concordia Lutheran Church
1708 John Ave.
Superior, WI 54880

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Synod website: www.nswi.org
ELCA website: www.elca.org
Luther Point Bible Camp website: www.lutherpoint.org
Resource Center website: www.synodresourcecenter.org

Michelle R. Rowell, Pastor
Beth Sobczak, Keyboards
Gary Banker, Assistant Keyboards/Choir Director
Nancy O'Neill, Financial Secretary
Jean Riedasch, Parish Nurse
Matthew Eastman, Custodian & Technologies
Audrey Dontje Lindell, Youth & Family Coordinator

Editor: ?

Contributors: Many

Assembly/mailling: Our faithful volunteers

The Concordian

March

Vol. 37 No. 3

A newsletter of Concordia Lutheran Church
Superior, Wisconsin
715.394.3762

www.concordiasuperior.org

NOTICE

We are updating our mailing system. If you are receiving this newsletter and do not wish to, please contact the church office. If you know someone who should receive it or wishes to be added, please have them contact our office.

Worship Schedule

10:00 am on Sundays

Communion served on the 1st and 2nd Sundays.
Fellowship (coffee & goodies) in the church library
after the worship service (when scheduled).

Mission Statement

As members of the body of Christ at Concordia,
we are called to be God's forgiven, gifted,
diversified and unified people.
By the power of the Holy Spirit,
we **nurture and live our faith** in Jesus Christ,
encourage our service in His church,
and **actively share the Gospel**
in our community and the world.