

# The Concordian

A Newsletter of Concordia Lutheran Church – ELCA  
Superior, WI      January 2018      Vol 37 No. 1

*“Called to Nurture and Live our Faith, Encourage our Service, and Actively Share the Gospel”*

## *From the Pastor:*

by Michelle R. Rowell

(With thanks to the inspiration of: Clement Clarke Moore.)

'Tis the month after Christmas, and all through the land  
There comes a great stirring, that all raise a hand.  
The yearnings that hang in the air of our dreams  
Are stripped of their hopes and their beauty, it seems,

As into this world there arises such clatter,  
We're starting to wonder just what is the matter.  
On screens of computers and tablets and more  
Comes news of catastrophe, damage galore.

The winds on the ocean that tear through the lives  
of brothers and sisters and husbands and wives,  
The fires leave swaths of burned-out dry ash,  
And rubble remains from the earthquakes great clash.

What good is a baby, born into this land  
With solutions so scarce and problems so grand?  
But that baby, he grew, as the Son of God true,  
And he calls us to walk with him, work with him, too.

"Each Person! All People! All races and Clans!  
All parties! All Ages! Come lend, too, your hands!  
To all of the world, every valley and hill,  
Proclaim a new era of peace and good will!"

And then, while proclaiming, think how it may be  
To live out this era, to set captive free;  
How to feed all the hungry and comfort the sad;  
And to heal all diseases and bide with the mad.



Is it easy? Quite not! But needed? Oh, Yes!  
Everywhere, everything seems such a mess!  
Yet into the mess of a virgin's first birth  
Came Jesus, our Savior, our Lord here on earth.

His eyes—did they twinkle? How oft did he smile?  
How many disciples were found with no guile?  
He calls to us all, "Where there's need, find a way  
To love one another as God loves today!"

He speaks through us now, and works through us, too  
That all of creation will soon be made new.  
And gazing upon all who follow him here,  
Will lead us with joy away from all fear.

If you listen quite closely you may hear his word,  
As people throughout all these centuries have heard,  
"Go, tell by your words and your deeds the great story  
As Jesus, our Savior, brings God's love and glory!"





### PARISH NURSING NOTES...

The New Year is a good time to take a look at your life and determine what you need to change or improve. And a look at your health is a good place to start. Focus on your daily habits and really think about all the things you do, or don't do, that can keep you healthy and functioning. Several years ago I wrote about **"The 10 Commandments of Life."** These were written in 1928 by George W. Calver, who was the first appointed doctor for the U.S. Congress at a time when senators and representatives were dying at a rate of 20 a year.

- Eat wisely
- Drink plentifully (of water)
- Eliminate thoroughly
- Bathe cleanly
- Exercise rationally

- Accept inevitables (don't worry)
- Play enthusiastically
- Relax completely
- Sleep sufficiently
- Check up occasionally

And then he added a P.S.: **"Give 5% of your time to keeping well, and you won't have to give 100% of your time to getting over being sick."**

If you added, "Give thanks to God daily," I think that would be a very detailed way of explaining 1 Corinthians 6:9-20: *"Or do you not know that your body is a temple of the Holy Spirit within you, which you have from God, and that you are not your own. For you were bought at a price; therefore, **glorify God in your body.**"*

Changing old habits or creating new ones is hard, but making healthier choices will improve your life by preventing heart disease, diabetes, and even some cancers. Choosing healthier foods and losing excess weight will also impact the physical problems you have from the added stress that weight adds to your joints. Change your dietary choices, add movement and exercise to your day, and ask God for the

strength to follow through on your plan.

Besides improving your physical health, you can improve your mental and spiritual health. What are your interests? What are your God-given gifts? Explore your community organizations and your church for opportunities to volunteer and share. Good health is more than eating right and exercising. It is sharing the love of Jesus Christ by sharing your time and talents. Giving of yourself benefits the recipient as well as you. It improves your mental health by focusing on others rather than yourself, and grows your spiritual life as you demonstrate your faith. It also keeps you from thinking about what you want to eat next, and keeps you moving about, providing some exercise!

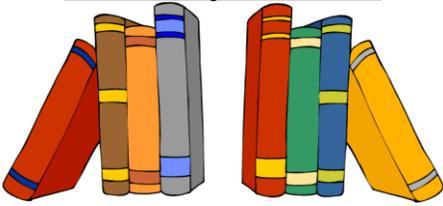
While care of our bodies is important and should be done out of thankfulness to God, a lean and toned body is never our ultimate goal—but rather to **"glorify God in your body."**

*Enjoy living an active, healthy, and thankful life with God's blessing.....Jean*

# Live. Life. Healthy



## Library Board



Happy New Year! The Library Team hopes your Christmas was a Blessed and meaningful one—filled with good memories, love of friends and family and a time to worship and reflect on the TRUE meaning of

CHRISTmas! As the New Year begins, may we remain centered on Christ and what wonderful gift we have been given at Christmas!

In 2018 the Library Team will carry-on with the projects from last year—inventory, weeding of books, processing new/donated books and the list goes on. Somewhere there is light at the end of the tunnel! We do see a flicker on occasion, but we are making progress. We look forward to helping you, the

readers of Concordia, in selecting books for your needs/interests and we appreciate any recommendations for additions/updated to the library's current collection!

May your New Year be a Blessed and Happy one!



See YOU in the library!

KEEP ON READING!

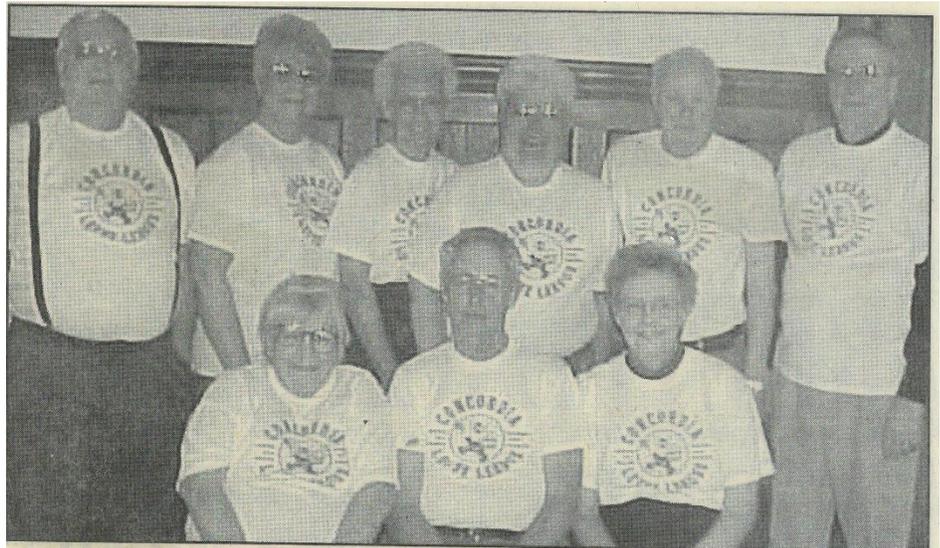
## HERITAGE

### LUTEFISK

For many years Concordia had a Lutefisk-Meatball Dinner every November. During the early years when they served dinners, they had old knives, forks, and spoons. The women of the church had to return to church the next day to really clean them as they had turned black from the dinner. The ladies also made "flatbrod" for the dinner.

For some time, the church did not have a lutefisk dinner. Then Pastor Lindley Jacobson decided we should try it again. The dinners were quite successful as they served about 650 people. When we were out of the church from 2005 to 2006, Pilgrim Lutheran Church allowed us to serve a dinner there. When we didn't have a lutefisk dinner, the office received many calls from people who were very angry we weren't having the dinner anymore. The office still receives calls to this day asking if plan to have a lutefisk dinner this year.

In 1987, we celebrated our centennial year. The late Larry Sorenson of Upper Lakes Foods decided his gift to Concordia for its centennial celebration would



SUBMITTED PHOTO

**CONCORDIA DINNER** — "Lefse League" members of Concordia Lutheran Church have prepared 1,000 lefse rounds for their annual lutefisk-meatball dinner. The dinner will be held on Friday, with serving from 4-7 p.m. The cost of the dinner is \$9 and takeouts are available. Merrill Hoven is chairman of this all-congregational event. Concordia Church is located at 1708 John Ave. in Superior. "Lefse League" members include, from left, back row, Al Arnson, Lois O'Neill, Linda Ness, Waunita Averill, Richard Jacobson, William L'Neill, and front row, Muriel Viggiano, Roy Peterson and Marie Peterson. Other members not pictured are Jane Meehan, Louise Hoven, Merrill Hoven, Florence Palm and Hazel Lee.

be his gift of all the food for a Lutefisk-Meatball Dinner. He also decided he and his crew would do all the cooking. Larry's family were long time members of Concordia. The church received all of the proceeds from ticket money.

We owe many thanks to those who served every year. One special group was the "Lefse League". They prepared 1,000 lefse rounds for the annual dinner. Roy and Marie Peterson were the originators of this

group and also readied the potatoes for the lefse making. This group had lots of fun working together. I can vouch for this as I helped out a few times. Pictured are some of those regular members. On a trip to Norway I took with my daughter Ada, I was looking forward to having lutefisk. Guess what? Norwegians don't eat it any longer. Their favorite fish is now halibut. It was good, but I'm still looking forward to a lutefisk dinner.



# Happenings and Announcements

***The following memorials are acknowledged by the church office:***

**In Memory of Ruth Beckman**

Evelyn Hagfeldt – Prayer Shawl Ministry  
Cynthia Crider – Undesignated  
Ed & Leona Lindegren – Undesignated  
Patricia Luder – Undesignated  
Shirley Brandser – Undesignated  
Carol & Gary Banker – Bus Fund  
Jean Stensland – Bus Fund  
Douglas & Janine Seise – Undesignated

**In Memory of Edward Drolson**

Shirleyann Brandser – Sunday School

**Movie Night!**

Join us on **Friday, January 19** at 6:00 pm. For a free showing of *Despicable Me 3*. Please sign up on the bulletin board or RSVP to the church office at (715)394-3762 to make sure there's plenty of popcorn and pizza to go around!



**Thank you to everyone who donated towards the Salvation Army Adopt a Family Program!!**



**Personnel Committee**

We are looking for volunteers to help with some office tasks. Please let us know what type of tasks interest you.



Christmas Trees will be taken down after service on the 7<sup>th</sup> of Jan. Many hands make light work!

**Night Out is Yet to be Determined**

Please check weekly emails and bulletins for details on our upcoming Nights Out!



We are now accepting donations for the Annual CLCW Rummage Sale year round! Please limit to items that fit on a shelf or countertop. We have already received a few items and we have plenty of room for more!

# ANNUAL MEETING



The Annual Meeting is on January 28 after worship.

## Altar Flowers for January

Please see the weekly bulletin for January Altar Flower donations. Thank you.

**Your Church Council members, working together with you in ministry:**

Gary Banker	715.392.2149
Nancy Burley	218.464.7086
Matthew Eastman	218.409.9174
John Gronski (Vice President)	218.340.1813
Carol Lindegren (Secretary)	218.590.8238
Jan Lippitt	715.394.9158
Tom O'Neill (President)	218.391.6139
Nick Pristash	715.398.0488
Eric Sewall	715.392.1559

**The DEADLINE for articles in "The Concordian" is January 15.**

Announcements are due by 9:00 am  
January 26.

**Thanks for marking this on your calendar!**



Choir practice is at 9:00 am Sunday mornings next to the piano in the Sanctuary. Please come join us at any time if you would like to add your voice to our choir!

Please note: Individuals applying for the Boe Engebretson Student Award next spring, 2018, will be required to show at least 5 hours of service to Concordia, or a church near them if they are away at school. More details are available in the office.

P.S. Teaching Sunday School would be a great way to do this!

## Serving in January

### Ushers

January 7	Team II
January 14	Team III
January 21	Team IV
January 28	Team I

### Bus Driver

January 7	Ken Harmer
January 14	Kris Hanson
January 21	John Gronski
January 28	Pete Quist

### Scripture Readers

January 7	Richard Wnek
January 14	Mark Thompson
January 21	Gunnar Gronski
January 28	Doug Score

### Altar Servers

January 7	Lois O'Neill
January 14	Lois O'Neill
January 21	Altar Guild
January 28	Altar Guild

### Coffee Kiosk Servers

January 7	John Gronski
January 14	Matthew Eastman
January 21	Jan Lippitt
January 28	Carol Lindegren

### Financial Assistants

Bill O'Neill & LeRoy Eliason

### Communion Assistants

January 7	Shawn Quist & Lori Sewall
January 14	Ann Novack & Linda Aho



# January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Office Hours: Monday-Thursday 8:30-2:30	1 Office Closed 	2 9 am Staff Meeting	3 3:45 Confirmation 6:30 Girl Scouts	4 2 pm Pastor at Superior Rehab	5	6 <b>Epiphany</b> 
7 9 am Choir 9am Sunday School 9:30 Benevolence Committee 10 am Worship w/ Communion	8 6 pm Property & Management 7 pm Boy Scouts	9 9 am Staff Meeting 4 pm Just For Kix	10 3:45 Confirmation 6:30 Girl Scouts	11 2 pm Pastor at Superior Rehab <b>Annual Report Binding</b>	12	13
14 9 am Choir 9am Sunday School 10 am Worship w/ Communion	15 6 pm Worship & Music 7 pm Boy Scouts <b>Due: February Concordian Articles</b>  <b>Martin Luther King Jr. Day</b>	16 9 am Staff Meeting 4 pm Just For Kix	17 3:45 Confirmation 6:30 Girl Scouts	18	19 6 pm Movie Night	20
21 9 am Choir 9am Sunday School 10 am Worship 11 am Youth & Family Committee Meeting	22 7 pm Boy Scouts	23 9 am Staff Meeting 4 pm Just For Kix	24 3:45 Confirmation 6:30 Girl Scouts	25 6 pm Church Council	26	27
28 9 am Choir 9am Sunday School 10 am Worship <b>11 am Annual Meeting</b>	29 7 pm Boy Scouts	30 9 am Staff Meeting 4 pm Just For Kix <b>Concordian Helpers</b>	31 3:45 Confirmation 6:30 Girl Scouts			

Concordia Lutheran Church  
1708 John Ave.  
Superior, WI 54880

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*The Concordian is published monthly since 1981 by:*

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ELCA website: [www.elca.org](http://www.elca.org)  
Luther Point Bible Camp website: [www.lutherpoint.org](http://www.lutherpoint.org)  
Resource Center website: [www.synodresourcecenter.org](http://www.synodresourcecenter.org)

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Jean Riedasch, Parish Nurse  
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*Contributors:* Many

*Assembly/mailing:* Our faithful volunteers

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January

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Superior, Wisconsin  
715.394.3762

[www.concordiasuperior.org](http://www.concordiasuperior.org)

## NOTICE

**We are updating our mailing system. If you are receiving this newsletter and do not wish to, please contact the church office. If you know someone who should receive it or wishes to be added, please have them contact our office.**

## Worship Schedule

**10:00 am on Sundays**

Communion served on the 1<sup>st</sup> and 2<sup>nd</sup> Sunday.  
Fellowship (coffee & goodies) in the church library  
after the worship service.

## Mission Statement

As members of the body of Christ at Concordia, **we are called** to be God's forgiven, gifted, diversified and unified people. By the power of the Holy Spirit, we **nurture and live our faith** in Jesus Christ, **encourage our service** in His church, and **actively share the Gospel** in our community and the world.