

# Psalm

YOU'RE A GOOD, GOOD FATHER!

## The Day of Deliverance

### When does our day of deliverance come?

1. Our day of deliverance comes when we

\_\_\_\_\_ our \_\_\_\_\_. Psalm 32:3-4

2. Our day of deliverance comes when we

\_\_\_\_\_ our \_\_\_\_\_. Psalm 32:5

3. Our day of deliverance comes when we

\_\_\_\_\_ our \_\_\_\_\_. Psalm 32:6-7

Journey with Jesus: John 6:22-7:24

November 6, 2016 – Pastor Bruce

### Take Home Truth

Our day of \_\_\_\_\_ comes on the day we  
are \_\_\_\_\_. Psalm 32:1-2

#### Today's Core Virtue:

**Forgiveness:** "I choose to forgive others and work towards reconciliation." (from Colossians 3:13)

#### Today's Action:

Is there any attitude or behavior that you have exhibited lately which is contrary to God's word and offensive to Him? First confess your sin to the Lord and then let a trusted friend know of your confession to the Lord as James commands.



## Deeper Connection Study

This is a penitential psalm, a song of confession to God. David reveals his heart to God and highlights what it is like when he tried to keep sin hidden. It is a very personal psalm that is both instructive and encouraging to believers.

*Today's Core Virtue discussed: Forgiveness.*

### Read Psalm 32

1. How can a sinner be called "blessed" (vv. 1-2, 10)? What motivated David to say this?
2. What happened to David when he harbored sin (vv. 3-5; cf. 51:3-5)? How are you conscious of the offense sin is to a holy God?
3. Have you experienced the tremendous burden of a guilty conscience through trying to hide or cover up sin? Were there any physical symptoms accompanying that spiritual and emotional anguish?
4. What role should guilt play in the life of the believer? How does God bring us to the point of conviction of sin?
5. What does God do when a person confesses their sin (v. 5; cf. 51:2, 12; Prov. 28:13; 1 Jn. 1:9)? What does this reveal about his character? How does this impact you?
6. How does David use his experience as a testimony to others (vv. 8-11)? How can you share with others what God has done for you? What will you say about love, trust, mercy, and forgiveness?

**PRAYER TO THE POINT:** Praise God for providing us forgiveness through Jesus Christ. Ask God to forgive you for unconfessed sins. Pray for a heart that longs for holiness and obedience to God.



In Psalm 32, speaking of the Lord, David declared, "Day and night your hand was heavy upon me; my strength was sapped as in the heat of summer," (Ps. 32:4). If you are not familiar with his comment it is a reference to the period after he had committed adultery with Bathsheba and then had her husband, Uriah, murder (2 Sam. 11:1-27). For at least eight months David sat on this sin; he lived under a covering of deceit in order to make others believe that his marriage to Bathsheba was completely legitimate. In his corrupt plot he thought he had covered all the bases. However, he forgot one major factor: God sees everything! So for every day of those eight months God's hand was heavy on him; he felt his strength being sapped from him like the heat of the summer. Simply put, David was fraught with guilt and feeling the weight of his unspeakable sin.

It is unfortunate that many believers falsely assume that this kind of distance from God and spiritual oppression can only happen when a person commits a vile sin. This presumption is ignorantly based in the idea that there are some sins which are not offensive to God. Consequently they do not recognize the heavy hand of the Lord and their desperate need for deliverance. How about you, are you feeling distant from God and needing deliverance?