



# not what i planned!!!

## Ticked Off!

Journey with Jesus: Luke 9:7-10:20  
August 14, 2016 - Pastor Bruce French

### What contributes to our anger?

1. Unmet \_\_\_\_\_ contribute to our anger.

1 Samuel 25:1-17

2. Feelings of \_\_\_\_\_ contribute to our anger.

1 Samuel 25:18-22

### What restrains our anger?

1. Remembering God's \_\_\_\_\_ restrains our

anger. 1 Samuel 25:23-26

a) Be \_\_\_\_\_ when it comes to listening.

25:24

2. Adopting God's \_\_\_\_\_ restrains our

anger. 1 Samuel 25:27-29

a) Be \_\_\_\_\_ when it comes to forgiving.

25:28

3. Embracing God's \_\_\_\_\_ restrains our

anger. 1 Samuel 25:30-31

a) Be \_\_\_\_\_ when it comes to obeying.

25:28

### Take Home Truth

Anger \_\_\_\_\_ God's \_\_\_\_\_

for our lives.

#### Today's Core Virtue:

Self-control: "I exercise the power, through Christ, to control myself." (from 1 Thessalonians 5:6)

#### Today's Action:

When do you tend to get angry? Review your notes and see which of the 3 points apply the most to you. Then ask the Spirit for the fruit of self-control to increase in your life.

hand in  
hand  
verse by  
verse

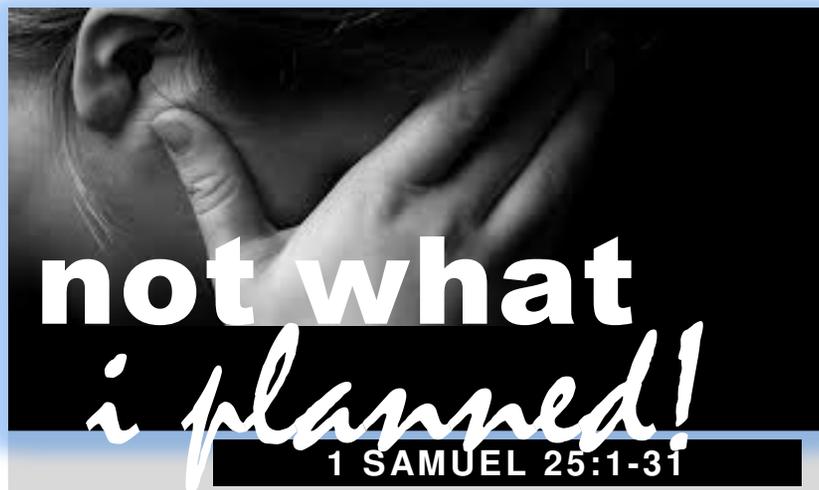
## Deeper Connection Study

God expects his anointed king to lead his people with wisdom and integrity. Saul has already failed his test, but now it is David's turn with a different kind of test. How he will do in this unique test of his character and leadership will determine the kind of king he will be. *Today's Core Virtue discussed: Self-Control.*

### Read 1 Samuel 25:1-31

1. What tragedies in David's life open and close chapter 25 (vv. 1, 44)?
2. What type of man was Nabal (vv. 2-3, 10-11, 17, 25; cf. Eccles. 10:2-3)?
3. Compare and contrast Nabal with the following people:
  - a. Caleb, his ancestor (cf. Num. 14:24; Josh. 14:7-15)
  - b. Saul, his king (cp. 1 Sam. 13:13; 26:21; 25:17 with 20:27-33; 25:36)
  - c. Abigail, his wife (1 Sam. 25:3, 23-25, 33)
4. How did Abigail help David see his circumstance from God's perspective (vv. 24-31)?
5. What did Abigail say about David's enemies (v. 29)? Her words might be a veiled reference to what event in David's life? How would this reminder encourage him?
6. How have you heard the Lord's voice through the words of another person? Do you have someone like Abigail to speak wisely to you in the midst of difficult situations? Explain.

**PRAYER TO THE POINT:** Praise God for his wisdom displayed through others. Ask God to use you to speak wisdom into someone else's life.



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1 SAMUEL 25:1-31

In Ephesians 4:26-27 the Apostle Paul makes this statement, "In your anger do not sin," do not let the sun go down while you are still angry, and do not give the devil a foothold." In these two verses Paul asserts three imperatives that believers must follow. The first imperative, "In your anger do not sin," makes two assumptions: 1) everyone gets angry; 2) it is possible to be angry and not sin.

This is an interesting proposal that invokes some valid questions. For example, "If everyone gets angry, what does the emotion of anger look like?" Also, "If a person can be angry and not sin, when does anger become sin?" Lastly, "Once a person understands what the threshold of sinful anger looks like how do they avoid it?"

In chapter 25 we will witness David facing these probing questions as anger over the actions of another begins to consume him. From the first half of the chapter we will discover three important actions that need to be taken in order to fulfill the three imperatives that Paul declared.