

Communion with Creation

July 14 – Aug 4, 2019



Commune with nature through your senses – take note of your place in space and how we are all interconnected. Share what you’ve seen, learned, or just think is awesome!

Take a picture of the daily prompts and post them to our Communion with Creation Facebook daily devotion posts. or Instagram #BLCCommunionwithCreation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 Reflect on Psalm 104, a hymn to God the Creator. What does it mean to commune with creation?	15 Out and about? Try carpooling, biking, walking, combining trips. Who did you travel with what did you see?	16 Native plants strengthen our ecosystem with roots that go on for many feet – where do you plant your roots?	17 Zero waste lunch today! What kind of clever containers can you use? Cloth napkins? Reusable straws?	18 Just sit for a moment in nature – who comes to see you? What creatures do you see?	19 Energy all around us – where are we conserving energy? How does creation store energy?	20 God’s color palette - look at all the colors of nature around you.
21 Embrace the Silence. Instead listen to “the heavens are telling the glory of God” Psalm 19:1.	22 How many different birds join us at “the table?” How many different sounds do you hear in their orchestra?	23 Habitats – Foxes have holes, birds have nests – how does creation make homes? How do you?	24 Find out where to recycle non curbside items. What was the strangest thing you’ve had to recycle?	25 Breathe – think about our air- colorless, mostly odorless – but what do we pollute it with? How can you clean it up?	26 Thank the soil for your dinner! All food can be traced back to dirt – try to trace the path of your food today.	27 Sanctuary space in nature – where could be the altar? Where is the choir? Where are the pews?
28 Thank God for the beauty of creation. Reflect on Psalm 148.	29 “Behold the wood of the cross” feel the grain, the roughness, think about its weight and that of the cross.	30 On wash day – hang your laundry to dry. What was the difference? Did your clothes smell better?	31 Get your feet wet! Visit our many lakes in the area as well as wetlands. What does water provide for you?	1 Weed it! Pruning dead vines gives new life – put your back in to it in your garden and your life.	2 Tiny seeds give big life – collect some seeds and hold them in your hands. How tiny are we being held in God’s hands?	3 Reach high and stretch like a tree branch. Wiggle your fingers like the leaves fluttering in the breeze.
4 Wait for the Lord. . . wait for the Lord. Reflect on Psalm 27:13-14.						

