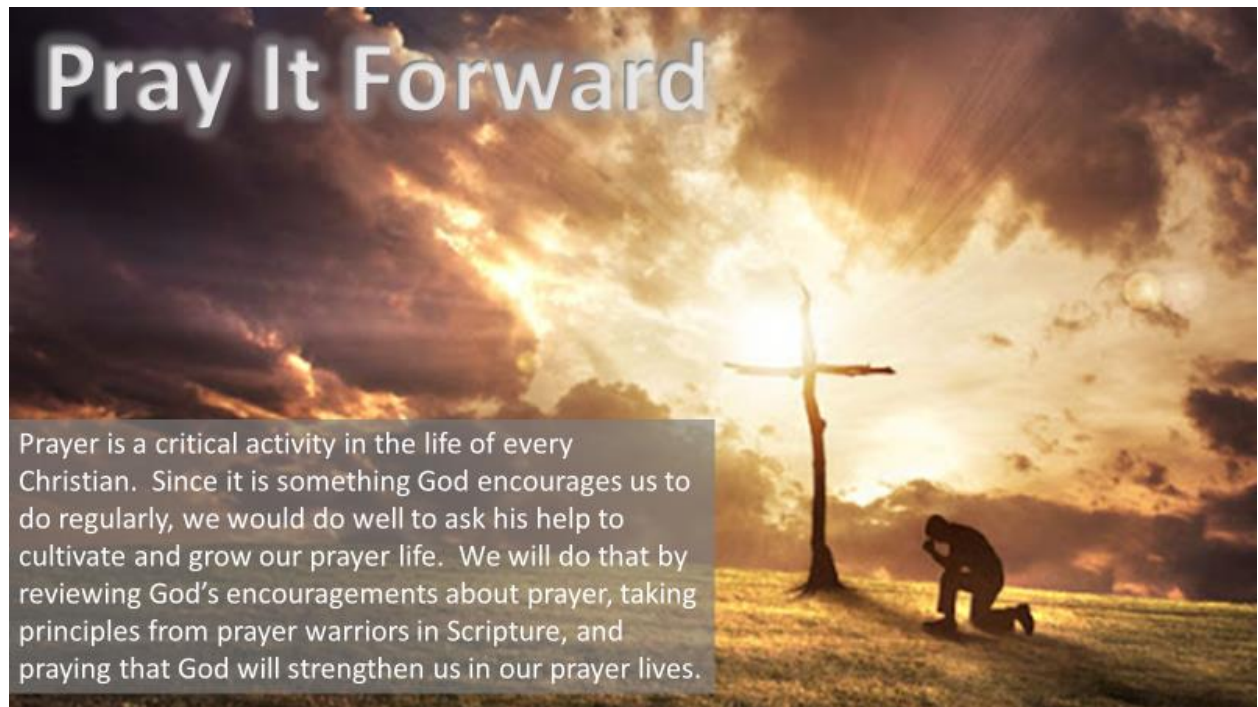


# Pray It Forward



## Pray It Forward

Prayer is a critical activity in the life of every Christian. Since it is something God encourages us to do regularly, we would do well to ask his help to cultivate and grow our prayer life. We will do that by reviewing God's encouragements about prayer, taking principles from prayer warriors in Scripture, and praying that God will strengthen us in our prayer lives.

November 2020

Beautiful Savior Lutheran  
Church

## Introduction:

**<sup>4</sup> Rejoice in the Lord always. I will say it again: Rejoice! <sup>5</sup> Let your gentleness be evident to all. The Lord is near. <sup>6</sup> Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:4-7**

- What stands out to you about Paul's encouragement about the place of prayer in the life of a Christian?
- Some insights from Martin Luther on prayer:

## Personal Prayer Reflection:

- **Is your prayer life what you would like it to be?**
- **What are the greatest stumbling blocks to a healthy prayer life?**
- **Who would you consider great prayer warriors from the Bible and why?**
- **Who would you consider great prayer warriors in the spheres in which God has placed you and why?**

## Biblical Examples of Prayer:

- After reading portions from Mark and Luke's gospels, what can we learn from Jesus with regards to prayer?

- What stands out to you about Abraham praying?
- What can we learn from Daniel regarding prayer?
- Why might someone look to Hannah as a prayer warrior?

### Answers to Prayers in Scripture:

- After reading through several prayers and God's answer, what stands out to you?

### Encouragements for Growing your Prayer Life:

- Which of the 10 suggestions do you think would enhance your prayer life if you began putting it into practice today?
- What will your biggest hurdle be when attempting to grow in your prayer life?

