

# Health and Safety Checklist

It is so important for your child's safety and well-being, that each family understands our policies. Please initial by each line to show that you understand and intend to comply with each statement. These statements are taken from our PARENT HANDBOOK (revised 8/4/20) and CPAL'S COVID-19 SAFETY PLAN. Please speak to the Director if you have any questions.

## Parking Lot Safety:

I will enter our parking lot from 8<sup>th</sup> Avenue (not 128<sup>th</sup>) and park in a designated space (not next to the building). I will hold my child's hand and wait for my turn to enter, on a designated space on the walkway outside, 6 feet apart from other families. My child and I, and any others over 2-years-old, will be wearing masks. I will not allow my child to run or play around or climb on the guard rail while waiting for our turn.

I will be sure that anyone else who transports my child will be aware of these rules.

## Emergency Pick-Up Safety:

In the event I cannot pick up my child, I will send someone whose name is written on the registration form. I understand that the school will not release my child to anyone else! If someone comes who is not on my approved list, the Director will contact me and contain my child until an approved person comes. I will pay the \$1/minute late fee until I am reached or an approved person arrives.

## Emotional and Physical Health:

I will keep my child home if he/she has any of the following symptoms: fever, diarrhea, heavy nasal discharge, conjunctivitis (pink eye), sore throat, unexplained rash, watery or red eyes, vomiting, swollen glands, lice, severe or persistent cough.

I understand that a CPAL staff member or other designated person will check my child's temperature at the door, and will ask me a list of questions about any possible symptoms. If my child has a temperature of 100.4 or higher, or if my child has recognized symptoms of Covid-19, my child will have to go back home. The Director will communicate with me about how long my child will need to stay home, according to local health guidance. I realize that this could be as little as 1 to 3 days, or as much as 14 days or more, depending on the circumstances.

I will keep in communication with the school about things that could affect the health of other students and staff. If my child has a confirmed or suspected case of Covid-19, or is in close contact with someone (such as a family member or friend) with a confirmed case, I will

let the school know. The Director will follow local health guidance regarding: how long my child should stay home, whether others are notified, whether others need to stay home, and whether the school should be closed for a time.

I understand there is a possibility of school closures, which could last days or even weeks. I will plan ahead and have back-up childcare available.

I will keep the school up-to-date with my contact info, emergency numbers, medical info, immunization records, and other pertinent information. My child is not allowed to start school until the immunization record and this Health & Safety form have been turned in. I will provide an Emergency Comfort Kit.

I understand it is important to discuss with the Teacher or Director anything that will help her to better understand my child's growth and behavior, such as staying up late, having visitors, parent's separation or divorce, a parent away from the family, disruption in routine, an illness or death in the family, death of a pet, etc.

### CPAL's Safety Plan for Maintaining a Safe Environment during COVID-19 Outbreak:

I understand that CPAL will do all they can, according to local health guidelines, to provide a safe, yet fun and nurturing, learning environment for my child. This includes regularly cleaning and disinfecting all commonly-touched surfaces; keeping care takers outdoors during drop-off and pick-up; requiring children with symptoms to stay home; requiring all staff and students and any visitors over 2-years-old to wear masks; keeping children at a distance from each other as much as possible; providing separate supplies and toys for children as much as possible; washing hands frequently.

I understand that these safety precautions are subject to change. If the school decides to adopt different safety measures, they will let me know as soon as possible.

I understand that, even with safety precautions in place, there is always an inherent risk that my child could contract COVID-19 or any other illness. I acknowledge that I have received and read all the relevant materials, including the Parent Handbook, CPAL's COVID-19 Safety Plan, King County's Public Health COVID-19 Fact Sheet, and this Health & Safety Agreement, and I am making an informed decision to have my child take part in CPAL's preschool program.

Child's Name \_\_\_\_\_

Parent's Name \_\_\_\_\_

Date \_\_\_\_\_